Deschutes Land Trust Walk + Hike Guidelines during COVID-19

The Land Trust is hoping to offer a limited number of public Walks + Hikes when our state-designated risk level is moderate or below for Deschutes County. Since the Land Trust owns Preserves in several counties, the risk level will also need to be moderate or below in the county where the hike will occur. In order to keep volunteer hike leaders as safe as possible, we ask that all attendees adhere to the following guidelines:

**Walk + Hike Guidelines:**

- **Registration:** All participants must register online before arriving at the walk or hike. No walk-on registration will be allowed. Participants will sign their waiver online.

- **Group size:** Group size will be small and limited to 6-8 adults (no children at this time).

- **Health reminders:** All participants will be asked at registration (and again in reminder emails) to NOT attend the walk or hike if they:
  - Are currently experiencing any of the following: fever, chills, cough, shortness of breath, difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, or diarrhea.
  - Or, if in the past 14 days, you been diagnosed with COVID-19 or had contact with a known or suspected COVID-19 case.

- **Arrival procedure:** All participants will sanitize their hands once they arrive at the walk or hike. The Land Trust will provide hand sanitizer. All participants will receive an orientation to the safety protocols (general and COVID specific) when they arrive at the walk or hike. Participation is dependent upon following these safety guidelines.

- **Face coverings:** All participants (regardless of vaccine status) must bring and wear a face covering during the walk or hike (as soon as you exit your vehicle). Face coverings must fit tight to the face, be worn over the nose and mouth, and must be secure enough to stay on during your entire walk or hike (ear loops are recommended). Per Oregon Health Authority guidelines, face shields are not recommended. The Land Trust will have extra face coverings for use as needed.

- **Physical distancing:** While on the walk or hike, we ask that you follow all state physical distancing guidelines. All participants must maintain at least 6 feet of space between individuals at all times. Volunteer hike leaders will only stop to share natural history information in places where physical
distancing can be maintained.

- **Equipment:** Participants will not be allowed to share equipment during outings (binoculars/hand lenses etc). Participants can bring and use their own equipment. The Land Trust will have some sanitized equipment to borrow.

- **Restrooms:** Restrooms at Preserves are cleaned once a week and may not have supplies. Please plan accordingly and pack out any supplies you pack in.

- **Food and Beverages:** The Land Trust cannot provide snacks or water for walks and hikes. Please bring all of your own supplies—food, water, hand sanitizer—with you. When taking a snack break, please ensure you are far enough away from other participants to ensure safe physical distancing.

- **Respect these guidelines and your volunteer hike leader:** Please help us keep these events safe for everyone by respecting your hike leader and following all safety guidelines. Help them facilitate a safe event by wearing your face covering correctly and maintaining safe physical distances at all times. Participants who do not comply with these guidelines will be given reminders, but may also be asked not to attend future outings.

- **Post-event:** If you begin experiencing COVID-19 symptoms or are diagnosed with COVID-19 within 14 days after you attended a Land Trust event, please let us know by calling our office at 541-330-0017.